



CROSS COUNTRY

TOMMY TITAN INVITATIONAL TEAM RESULTS & RECORDS

(UPDATED DEC. 20, 2024)

Women (All races 5k)

Year	Team Winner	Score	Individual Winner	Team	Time
2022	<i>Detroit Mercy</i>	24	<i>Allison Sherman</i>	<i>Detroit Mercy</i>	<i>18:54</i>
2021	Oakland	19	Maryam Sheena	Oakland	18:56
2020	Virtual Race No Team Score		<i>Kayla Hughes</i>	<i>Detroit Mercy</i>	<i>20:10</i>
2019	Wayne State	27	Alison Shapic	Madonna	18:29
2018	Oakland	33	Cassie Vince	Albion	17:46
2017	<i>Detroit Mercy</i>	<i>50</i>	<i>Sydnie Fetherolf</i>	<i>Detroit Mercy</i>	<i>18:09</i>
2016	Bucknell	23	Catherine Scott	Bucknell	17:55
2015	<i>Detroit Mercy</i>	<i>50</i>	Elaine Lowe	Cleary	18:42
2014	Bucknell	15	Katie Jessee	Bucknell	18:18
2013	Wayne State	35	<i>Louisa Coppola</i>	<i>Detroit Mercy</i>	<i>18:38</i>
2012	Bucknell	18	Caroline Tolli	Bucknell	18:27
2011	Wayne State	45	Jen Rock	Wayne State	19:06
2010	Wayne State	30	Angela Matthews	Front Line Racing	18:13
2009	Eastern Michigan	45	Lindsey Scherf	Front Line Racing	17:23
2008	Michigan	27	<i>Nicole Edwards</i>	<i>Michigan</i>	<i>17:19</i>
2007	Wayne State	26	Rachelle Malette	Wayne State	17:57
2006	Wayne State	30	Rachelle Malette	Wayne State	18:31



The 2017 Titans not only won the team race, but was led by Sydnie Fetherolf's first-place time of 18:09



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TOMMY TITAN INVITATIONAL TEAM RESULTS & RECORDS

(UPDATED DEC. 20, 2024)

Year	Team Winner	Score	Individual Winner	Team	Time
2005	Bucknell	24	Leanna Nastase	Bucknell	18:28
2004	Bucknell	37	Melissa Moncion	Wayne State	18:33
2003	Bucknell	37	Kristie Kiefer	Oakland	18:03
2002	Michigan	32	Brianna Shook	Toledo	17:36
2001	Hillsdale	72	Kristie Kiefer	Oakland	18:14
2000	Hillsdale	60	Carrie Gould	Eastern Michigan	18:02
1999	Eastern Michigan	55	Domtila Mwei	Eastern Michigan	18:04
1998	Michigan State	29	Jen Denkins	Michigan State	18:11
1997	Hillsdale	35	Angie Lefere	Detroit Mercy	18:50
1996	Eastern Michigan	35	Missy McCleary	Windsor	17:28
1995	Eastern Michigan	33	Beth Shroyer	Eastern Michigan	18:01
1994	Hillsdale	27	Adele Rankin	Eastern Michigan	17:30
1993	Eastern Michigan	43	Adele Rankin	Eastern Michigan	18:17
1992	Eastern Michigan	35	Adele Rankin	Eastern Michigan	18:11
1991	Eastern Michigan	22	Adele Rankin	Eastern Michigan	18:17
1990	Eastern Michigan	42	Becky Duda	Saginaw Valley	18:25
1989	Miami-Ohio	44	Julie Watson	Eastern Michigan	18:23
1988	Hillsdale	28	Andrea Bowman	unattached	18:56
1987	Notre Dame	25	Teresa Rice	Notre Dame	18:49

Bold=Event Record

Meet Records

Collegiate & Open (5k)

Nicole Edwards - Michigan - 17.19 - 2008

Open (5k)

Jessie Allen-Young - Ann Arbor - 17:57 - 2004

High School (5k)

Karenn Duffey - Sarnia St. Patricks - 18:11 - 2015

Middle School (1.5 Miles)

Clara James-Heer - Ann Arbor TC - 9:18 - 2018



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TOMMY TITAN INVITATIONAL TOP TIMES

(UPDATED DEC. 20, 2024)

Women's All-Time Top 70 Times (5k)

All Time Performance List

(Includes 1990 & 1999 MCC Championships
held at Cass Benton)

Time	Runner	Team	Year
17:19	Nicole Edwards	Michigan	2008
17:23	Lindsey Scherf	Front Line Racing	2009
17:28	Missy McCleary	Windsor	1996
17:30	Adele Rankin	EMU	1994
17:35	Rachelle Malette	Wayne State	2008
17:36	Briana Shook	Toledo	2002
17:40	Hilary Esselstein	Findlay	2008
17:46	Michelle Manzo	Loyola (MCC)	1990
17:46	Cassie Vince	Albion	2018
17:50	Geena Gall	Michigan	2008
17:55	Catherine Scott	Bucknell	2016
17:57	Danielle Tauro	Michigan	2008
17:57	Jessie Allen-Young	Unattched (Open)	2004
17:57	Rachelle Malette	Wayne State	2007
17:58	Kim Hemstreet	Detroit Mercy	2002
18:01	Beth Shroyer	EMU	1995
18:02	Carrie Gould	EMU	2000
18:03	Kristie Kieffer	Oakland	2003
18:04	Domtila Mwel	EMU	1999
18:05	Angela Matthews	Front Line Racing	2009
18:07	Sydney Meyers	EMU	2016
18:07	Heather Czarnecki	Oakland	2018
18:09	Sydnie Fetherolf	Detroit Mercy	2017
18:10	Megan Nichols	Oakland	2018
18:11	Adele Rankin	EMU	1992
18:11	Jen Denkins	MSU	1998
18:11	Karena Duffy	L'Anse Creuse	2015
18:12	Payton Capes-Davis	Bucknell	2018
18:13	Angela Matthews	Front Line Racing	2010
18:14	Kristie Kieffer	Oakland	2001
18:15	Claire Kendell	Detroit Mercy	2018
18:15	Courtney Calka	EMU	2009
18:15	Caitlin Cavanaugh	Bucknell	2008
18:15	Sarah Chandler	Bucknell	2016

18:16	Allison Donaghy	Bucknell	2008
18:16	Kalli Williams	EMU	2007
18:17	Rachel Kempf	Oakland	2018
18:17	Adele Rankin	EMU	1991
18:17	Adele Rankin	EMU	1993
18:17	Andrea Parker	Michigan	2002
18:18	Katie Jessee	Bucknell	2014
18:18	Angie Lefere	Detroit Mercy	1999
18:19	Lee Ann Renk	Loyola (MCC)	1990
18:19	Alana Chrisman	Loyola (MCC)	1999
18:19	Melissa Nasers	Oakland	2003
18:19	Maddi Leigh	Oakland	2018
18:21	Michelle Ruggero	Siena Heights	1999



Sydnie Fetherolf won the Tommy Titan Invitational and led UDM to a victory in 2017



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TOMMY TITAN INVITATIONAL TOP TIMES

(UPDATED DEC. 20, 2024)

Time	Runner	Team	Year
18:21	Kim Hemstreet	Detroit	2001
18:21	Kim Hemstreet	Unattached	2003
18:21	Alison Nesbitt	Michigan	2008
18:21	Christine Bendzinski	Bucknell	2016
18:22	Domtila Mwel	EMU	2000
18:23	Ana Gjesdal	Unattached (Open)	2004
18:23	Julie Watson	EMU	1989
18:24	Theresa Padilla	Siena Heights	1991
18:25	Becky Duda	Saginaw Valley	1990
18:25	Beth Shroyer	EMU	1996
18:25	Meghan Berrier	Butler (MCC)	1999
18:26	Shelly Vickery	Wayne State	2002
18:26	Kelly Sampson	Michigan	2008
18:27	Caroline Tolli	Bucknell	2012
18:27	Robyn Hurley	Western Ontario	1999
18:27	Michelle Ruggero	EMU	2000
18:28	Michelle Reigler	EMU	1995
18:28	Mary Colburn	EMU	1998
18:28	Amy Kohlmeier	Unattached (Open)	2002
18:28	Leanna Nastase	Bucknell	2005
18:29	Allison Shapic	Madonna	2019
18:31	Rachelle Malette	Wayne State	2006
18:31	Carrie Gould	EMU	1998
18:31	Rebecca Walter	Michigan	2002
18:31	Ashley Defrain	Wayne State	2019
18:32	Ruthie Cook	Detroit Mercy	2001
18:32	Ersula Farrow	Oak Park	2014
18:32	Stephanie Fulmer	Bucknell	2008
18:33	Chrissy Garst	Hillsdale	1996
18:33	Angie Lefere	Detroit Mercy (MCC)	1999
18:33	Angie Lefere	Detroit Mercy	2000
18:33	Melissa Moncion	Wayne State	2004
18:33	Alexa Griffiths	Bucknell	2008
18:34	Kristie Kieffer	Unattached (Open)	2002



Ruthie Cook holds one of the top times in Tommy Titan Invitational history clocking 18:32 in 2001



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TOMMY TITAN INVITATIONAL TEAM RESULTS & RECORDS

(UPDATED DEC. 20, 2024)

Men (All races 4 miles, except 1988's 5-mile race)

Year	Team Winner	Score	Individual Winner	Team	Time
2022	No Team Score		Tyler Mussen	Unattached	18:45 (3.5 miles)
2021	Detroit Mercy	15	Adam Ditri	Unattached	21:27
2020	Virtual Race No Team Score		James Murray	Titan Legend '93	31:21
2019	Wayne State	21	Tony Floyd	Madonna	20:29
2018	Bucknell	38	Ben Kendell	Detroit Mercy	19:39
2017	Findlay	42	Ben Kendell	Unattached (UDM)	20:00
2016	Bucknell	25	Ben Kendell	Detroit Mercy	20:24
2015	Eastern Michigan	44	Abel Flores	Eastern Michigan	20:20
2014	Bucknell	38	Irvin Wyche	Wayne State	20:20
2013	Detroit Mercy	37	Martin Nelkie	Detroit Mercy	20:44
2012	Bucknell	26	John Dugan	Bucknell	20:31
2011	Wayne State	30	Travis Barczak	Wayne State	21:15
2010	Eastern Michigan	41	James Hughes	Eastern Michigan	20:25
2009	Eastern Michigan	19	Curtis Vollmar	Eastern Michigan	19:54
2008	Bucknell	56	Zack Jones	Oakland	19:59
2007	Wayne State Alumni	41	Nick Allen	Wayne State Alum	19:57



The 2013 Titans won the team race for the first time in school history
and also saw Martin Nelkie take first in 20:44



CROSS COUNTRY

TOMMY TITAN INVITATIONAL TEAM RESULTS & RECORDS

(UPDATED DEC. 20, 2024)

Year	Team Winner	Score	Individual Winner	Team	Time
2006	Wayne State	26	Nick Allen	Wayne State Alum	19:51
2005	Wayne State	24	Justin Kessler	Wayne State	20:07
2004	Front Line Racing	47	Matt Edwards	Front Line	20:23
2003	Eastern Michigan	28	Nick Allen	Wayne State	19:51
2002	Oakland	58	Sergio Reyes	Cedarville	20:14
2001	Eastern Michigan	52	Chris McPhee	Detroit Mercy	20:28
2000	Hanson's ODP	24	Chad Johnson	Hanson's	19:45
1999	Eastern Michigan	30	Chris McPhee	Detroit Mercy	20:04
1998	Eastern Michigan	20	Aaron Bartee	Eastern Michigan	20:14
1997	Eastern Michigan	33	Ian Forsyth	Running Fit	20:17
1996	Eastern Michigan	38	Paul Aufdemberge	Running Fit	20:10
1995	Eastern Michigan	37	Jason Boothroyd	Eastern Michigan	20:17
1994	Eastern Michigan	32	Paul Aufdemberge	Running Fit	20:21
1993	Canisius	33	Ron Donacik	Canisius	20:06
1992	Eastern Michigan	24	Clive Bonelle	Eastern Michigan	20:01
1991	Eastern Michigan	15	Clive Bonelle	Eastern Michigan	20:31
1990	Eastern Michigan	23	Dominic Middleton	Eastern Michigan	20:37
1989	Saginaw Valley	28	Jeff Boks	Saginaw Valley	21:23
1988	Saginaw Valley	19	Shaun Butler	Saginaw Valley	26:37

Bold=Event Record

Meet Records

Collegiate & Open (4 Miles)

Ben Kendell - 19:39 - 2018

High School & Open (5k)

Carter Solomon - Plymouth - 15:08

Michael Hancock - Divine Child - 15:08

Middle School (1.5 Miles)

1.5-Mile - Michael Tremonti - St. Regis - 9:09 - 2013



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TOMMY TITAN INVITATIONAL TOP TIMES

(UPDATED DEC. 20, 2024)

Men's All-Time Top 75 Times (4-Mile)				Time	Runner	Team	Year
19:39	Ben Kendell	Detroit Mercy	2018	20:20	Chris Chiaro	EMU	1999
19:45	Chad Johnson	Hanson's ODP	2000	20:20	Scott McDonald	Running Fit	1997
19:51	Nick Allen	Wayne State	2003	20:20	Abel Flores	EMU	2015
19:51	Nick Allen	WSU Alum	2006	20:20	Matt Fecht	Wayne State	2005
19:54	Curtis Vollmar	EMU	2009	20:20	Irvin Wyche	Wayne St.	2014
19:57	Nick Allen	WSU Alum	2007	20:21	Jordan Desilets	EMU Alumni	2008
19:59	Zack Jones	Oakland	2008	20:21	Paul Aufdemberge	Nike/Running Fit	1994
20:00	Ben Kendell	Unattached (UDM)	2017	20:23	Matt Edwards	Front Line Racing	2004
20:01	Clive Bonelle	EMU	1992	20:23	Aaron Bartee	EMU	2000
20:02	Richie Brinker	Hanson's ODP	2000	20:23	Clint Verran	EMU	1994
20:02	Clint Verran	Hanson's ODP	2000	20:24	Cameron Trinh	EMU	2015
20:03	James Ngandu	Tiffin	2015	20:24	Ben Kendell	Detroit Mercy	2015
20:04	Chris McPhee	Detroit Mercy	1999	20:24	Ben Kendell	Detroit Mercy	2016
20:04	Corey Nowitzke	Mizuno	2009				
20:05	Blake McDowell	EMU	1999				
20:05	Gavin Thompson	EMU	2003				
20:06	Tracy Burwell	Unattached	1992				
20:06	Adam Frezza	Oakland	2003				
20:06	Ron Donacik	Canisius	1993				
20:07	Rick Brauer	New Balance	1993				
20:07	Joel David	EMU	2003				
20:07	Justin Kessler	Wayne State	2005				
20:08	Blake McDowell	EMU	2000				
20:08	Steve Crane	EMU	2003				
20:10	Paul Aufdemberge	Running Fit	1996				
20:10	Jason Bruscha	Oakland	2003				
20:12	Abdullah Saleh	Wayne State	2008				
20:13	Matt Geha	Siena Heights	1996				
20:14	Nick Fitzsimmons	Canisius	1993				
20:14	Aaron Bartee	EMU	1998				
20:14	Sergio Reyes	Cedarville	2002				
20:17	Melika Ghali	Unattached	2018				
20:17	Ian Forsyth	Running Fit	1997				
20:17	Jason Boothroyd	EMU	1995				
20:17	Clint Verran	EMU	1995				
20:19	Mark Reed	EMU	1998				
20:19	Chris Mehay	Wayne State	2005				



Ben Kendell owns four of the top 50 times in school history, including the best overall with a 19:39 in 2018



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TOMMY TITAN INVITATIONAL TOP TIMES

(UPDATED DEC. 20, 2024)

Time	Runner	Team	Year
20:24	Luke Chrusciel	EMU	2008
20:24	John Dugan	Bucknell	2014
20:24	Ian Forsyth	Running Fit	1996
20:25	Wes Alkin	EMU	2003
20:25	James Hughes	EMU	2010
20:25	Chris Mehay	Wayne State	2006
20:26	Paul Aufdemberge	Nike/Running Fit	1995
20:26	James McCann	Detroit Mercy	2018
20:27	Guy Schulz	Western Ontario	1997
20:27	Paul Aufdemberge	Running Fit	1998
20:28	Hylnur Andresson	EMU	2014
20:28	Paul Aufdemberge	Front Line Racing	2004
20:28	Steve Crane	EMU	2000
20:28	Neal Naughton	Unattached	2009
20:28	Jim Wardle	Western Ontario	1999
20:28	Chris McPhee	Detroit Mercy	2001
20:28	Cristiano Mauricio	Windsor	2005
20:29	Tony Floyd	Madonna	2019
20:29	Andrew Huebner	Bucknell	2008
20:29	Ryan Desgrange	EMU	2000
20:29	Paul McMullen	Asics	1999
20:29	Brian Goodwin	Wayne State	2003
20:30	Paul Aufdemberge	Running Fit	1999
20:30	Matt Geha	Siena Heights	1994
20:31	John Dugan	Bucknell	2012
20:31	Pat Liederbach	Detroit Mercy	2010
20:31	Jordan Desilets	EMU	1999
20:31	Clint Verran	EMU	1997
20:31	Mark Reed	EMU	1997
20:31	Clive Bonelle	EMU	1991
20:31	Paul Pobursky	EMU	2001
20:31	Abdullah Saleh	Wayne State	2007
20:31	Andrew Garcia-Garrison	Bucknell	2014



Chris McPhee has two of the top times at the Tommy Titan Invitational, including 20:04 for 13th best in 1999



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TOMMY TITAN INVITATIONAL OPEN RACE RECORDS

(UPDATED DEC. 20, 2024)

Female Open Champions (5k)

Year	Runner	Time
2022	Kirsten Koss - Divine Child	21:07
2021	Kirsten Koss - Divine Child	20:36
2019	Chloe Wall - Waterford Kettering	19:05
2018	Kaitlin Murray - Divine Child	19:35
2017	Makayla Perez - Southgate Anderson	19:08
2016	Karenna Duffey - L'Anse Creuse North	18:51
2015	Karenna Duffey - L'Anse Creuse North	18:11
2014	Ersula Farrow - Oak Park	18:32
2013	Tessa Fornari - Our Lady Of The Lake	19:34
2012	Samantha Allmacher - Eisenhower	19:11
2011	Lauren Burnett	20:20
2010	Ersula Farrow (age 12)	19:04
2009	Ersula Farrow (age 11)	19:27
2008	Melanie Brender	20:04
2007	Jennifer Rock	19:15
2006	Ramzee Fondren	19:47
2005	Erica D'Angelo	19:39
2004	Jessie Allen - Young	17:57
2003	Kelly Sampson	18:41
2002	Amy Kohlmeier	18:28
2001	Carrie Hatfield	19:21
2000	Marne Smiley	20:21
1999	Bethany Kittle	20:18
1998	Nikki Thouin	19:27
1997	Heide Wright	19:37
1996	Tara Shamey	20:36
1995	Andrea Hutchins	21:11
1994	Carol Poenisch	19:30
1993	Rita McKenzie	22:21
1992	Linda Mento	23:34
1991	Sharmila Prasad - Mercy	21:11
1990	Sue Tatigan - Livonia	19:32

Female High School Champions (5k)

Year	Runner	Time
2022	Kirsten Koss - Divine Child	21:07
2021	Kirsten Koss - Divine Child	20:36
2019	Chloe Wall - Waterford Kettering	19:05
2018	Kaitlin Murray - Divine Child	19:35
2017	Makayla Perez - Southgate Anderson	19:08
2016	Karenna Duffey - L'Anse Creuse North	18:51

2015	Karenna Duffey - L'Anse Creuse North	18:11
2014	Ersula Farrow - Oak Park	18:32
2013	Tessa Fornari - Our Lady Of The Lake	19:34
2012	Samantha Allmacher - Eisenhower	19:11
2011	Lauren Burnett - Dakota	20:20
2010	Gabriella DeFlorio - Farmington	19:33
2009	Melanie Brender - SH Stevenson	19:59
2008	Melanie Brender - SH Stevenson	20:04
2007	Jennifer Rock - Eisenhower	19:15
2006	Ramzee Fondren - Renaissance	19:47
2005	Erica D'Angelo - Chippewa Valley	19:39
2004	Ramzee Fondren - Renaissance	19:57
2003	Kelly Sampson - Renaissance	18:41
2002	Amy Kohlmeier - Sarnia (ONT)	18:28
2001	Nina Schmitt - Novi	19:40
2000	Kelly Sampson - Renaissance	20:26
1999	Bethany Kittle - Novi	20:18
1998	Heide Wright - Southfield Christian	19:52
1997	Heide Wright - Southfield Christian	19:37
1996	Tara Shamey - Edsel Ford	20:36
1995	n/a	
1994	Marie Windling - Hazel Park	21:29
1993	Rita McKenzie - Redford	22:21
1992	n/a	
1991	Sharmila Prasad - Mercy	21:11

Female Middle School Champions (1.5 Mile)

Year	Runner	Time
2019	Eliza Keith - MS Oakland Christian	10:56
2018	Clara James-Heer - Ann Arbor TC	9:19
2017	Clara James-Heer - Ann Arbor TC	9:45
2016	Keira Courtney - Our Lady of Good	10:18
2015	Ever Liedel - Waterford Kettering	10:18
2014	Ever Liedel - Pierce	11:15
2013	Elisabeth LaPrad - Monroe Milers	10:22
2012	Abby Inch - Our Lady of Victory	11:09
2011	Samantha Hanson - SH Stevenson	10:49
2010	Ashlie Baumann - SH Stevenson	11:14

Bold = Meet Record



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TOMMY TITAN INVITATIONAL OPEN RACE RECORDS

(UPDATED DEC. 20, 2024)

Male Open Champions (5k)

Year	Runner	Time
2022	Michael Hegarty - Divine Child	15:42
2021	Michael Hegarty - Divine Child	16:17
2020	Paul Aufdemberge - Total Runner	21:26
2019	Carter Solomon - Plymouth	15:08
2018	Carter Solomon - Plymouth	15:24
2017	Ethan Barnes - Plymouth	15:54
2016	Steven Stine - Fraser	16:22
2015	Thomas Michno - L'Anse Creuse	16:26
2014	Thomas Michno - L'Anse Creuse	16:24
2013	Jon Rock	15:37
2012	Matt Fecht	16:12
2011	Matt Fecht	16:47
2010	Matt Fecht	15:54
2009	Matt Fecht	15:59
2008	Adham Aljami	16:10
2007	Michael Dunn	16:11
2006	Hassan Mougrabi	16:44
2005	Wallace Campbell	16:03
2004	Adam Frezza	15:15
2003	Andy Ames	16:38
2002	Joey Borg	15:55
2001	Jacob Crowe/Kevin Sule	16:12
2000	Chris Toloff	15:27
1999	Tim Moore	15:57
1998	Tim Budzyn	16:21
1997	Rory Sneyd	15:58
1996	Clint Verran	15:24
1995	Adam Wheeler	16:14
1994	Willie Browder	15:57
1993	Mike Franko	16:47
1992	Tommy Asinga	16:40
1991	Dave McCauley	15:56
1990	Carl Willits	15:41

Male High School Champions (5k)

Year	Runner	Time
2022	Michael Hegarty - Divine Child	15:42
2021	Michael Hegarty - Divine Child	16:17
2019	Carter Solomon - Plymouth	15:08
	Michael Hancock - Divine Child	15:08
2018	Carter Solomon - Plymouth	15:24

2017	Ethan Barnes - Plymouth	15:54
2016	Steven Stine - Fraser	16:22
2015	Thomas Michno - L'Anse Creuse	16:26
2014	Thomas Michno - L'Anse Creuse	16:24
2013	Alec Toreki - Romeo	16:16
2012	J'haira Johnson - Garden City	16:36
2011	Trevor Creagh - L'Anse Creuse North	17:02
2010	Victor Allen - Southfield Christian	16:25
2009	Mike Darnell - Gibraltar Carlson	16:00
2008	Adham Aljahmi - Fordson	16:10
2007	Michael Dunn - Trenton	16:11
2006	Michael Dunn - Trenton	17:01
2005	Dave Weston - Kennedy (ONT)	16:39
2004	Dave Weston - Kennedy (ONT)	17:12
2003	Luke Hutchins - Southfield Christian	16:52
2002	Doug Currie - Petrolia (ONT)	16:06
2001	Doug Currie - Petrolia (ONT)	16:34
2000	Chris Toloff - Novi	15:27
1999	Tim Moore - Novi	15:57
1998	Jordan Roose - Plymouth Christian	18:03
1997	Chris Mangan - Garden City	17:27
1996	Gus Forget - Hazel Park	16:39
1995	Shawn Delaney - Hazel Park	17:28

Male Middle School Champions (1.5 Mile)

Year	Runner	Time
2019	Josh Janda - St. Michael	10:55
2018	Kyle Robbins - Clawson MS	10:05
2017	Matt Rood - Ann Arbor Track	9:41
2016	Kyle James-Heer - Ann Arbor Track	9:34
2015	Kyle James-Heer - Ann Arbor Track	9:13
2014	Kyle James-Heer - Ann Arbor Track	9:39
2013	Michael Tremonti - St. Regis	9:09
2012	Cammeron Cooper - Think PAL	9:30
2011	Nathan Watson - Unattached	10:00
2010	Nathan Holland - St. Peter's Lutheran	10:02

Bold = Meet Record